

Mental Wellness and Substance Use Services

Watson Lake Support Information

Monday to Friday 8:30 a.m. until 5:00 p.m.

Tara McIntyre *Community counsellor* 867-536-2762 or 867-689-0237

- book intakes, counselling appointments • crisis response, drop-in & scheduled counselling
- questions about services and programs • women's group and community outreach

Duane Esler *Community counsellor* 867-536-3222 or 867-334-1437

- book intakes, counselling appointments • crisis response, drop-in & scheduled counselling
- questions about services and programs • treatment applications and connecting with services

Lukas *Community counsellor* 867-332-5434

- counselling with Children and Youth as well as adults
- drop-in and scheduled counselling appointments • community outreach

Joey Mitchell *Mental health support worker* 867-332-3187

- support for daily living – banking, food bank, medical appointments, groceries, etc.
- group activities

Sandra Gioia *Mental health support worker* 867-536-4514

- support for daily living – banking, food bank, medical appointments, groceries, etc.
- group activities

Kate Odgers *Child, youth and family clinical counsellor* 867-332-3968

- counselling and support to children, youth and families
- community-based engagement

MWSUS main phonenumber 867-456-3838 or toll free 1-866-456-3838

- questions about MWSU services and programs
- access to drop-in counselling in Whitehorse

After hours options weekdays from 5:00 p.m. until 8:30 a.m., weekends, holidays - available 24/7

Emergency Services 911 (all emergencies)

Haines Junction Health Centre 867-634-4444 (medical emergencies)

Yukon's Alcoholic's Anonymous 1-888-453-0142 (sobriety support and helpline)

Kaushee's Crisis Line 1-867-668-5733 (any crisis)

National Indian Residential School Crisis Line 1-866-925-4419 (any crisis)

First Nations and Inuit Hope for Wellness 1-855-242-3310 (any crisis)

Crisis Service Canada 1-833-456-4566 (any crisis)



Personal Supports (trusted family and/or friends, AA sponsor, clergy member, community elder, etc)
