



# Liard First Nation

## Community Events & Announcements

**MAY 2019**

### Scheduled Events

#### WYE LAKE WALKING GROUP

Now that the weather is warmer, it's a great time to enjoy some fresh air and exercise with others. We will meet on weekdays at noon for daily walks around Wye Lake trail. Please join us!

DATE: weekdays; starting Wed., May 1

TIME: noon-1pm

LOCATION: meet at Wye Lake Cabin

**For more information or to book a ride, call LFN's Main Administration Office at 536-5200.**

#### GRADUATION REGALIA SEWING CIRCLE

A weekly sewing circle has been established to create regalia for Grade 7 moving forward students and Grade 12 graduates.

DATES: Thursdays in May

TIME: 10-3pm

LOCATION: 2-Mile Hall

**Contact Coordinator Laurie Allen at 334-2032.**

#### ELDERS' LUNCHEON & TEA

Please join us! A get-together to enjoy lunch, tea & visiting.

DATE: May 2

TIME: 11-2pm

LOCATION: Upper Liard Drop-in Centre

**Call 536-5200 the day before to arrange a ride.**

#### BIOMASS ENERGY PLANT - LUNCH N' LEARN

LFN members are invited to join us to learn about LFN's biomass feasibility study. A light lunch will be served.

DATE: Fri., May 3

TIME: noon-2pm

LOCATION: 2-Mile Hall

**If you need a ride, please call 536-5200 to arrange.**

#### MEDICINE GATHERING OUTING

Join a small group to enjoy gathering medicines from the land. If you are planning to join us, please let us know in advance so we can plan transportation and food. Lunch & cold drinks will be provided. Be sure to bring warm clothing and hot drinks.

DATE: May 4

TIME: 9am

LOCATION: meet at LFN Main Administration Office

**For more information or to book a ride, call 536-5200.**

#### JP COURT DATES

DATE: Tues., May 7 & May 21

TIME: 10am

**Questions? Call Court Worker Deanna Stewart at 536-7923.**

#### WILDFIRE COMMUNITY PREPAREDNESS DAY BBQ

Join Wildland Fire Management, Liard First Nation and the Town of Watson Lake for a free BBQ! Learn about emergency preparedness and how to FireSmart your property.

DATE: Sat., May 4

TIME: 1-3pm

LOCATION: Wye Lake Cabin

#### CLASS 1&3 DRIVERS' CERTIFICATION & AIR BRAKES COURSE

Call Yukon College's Watson Lake Campus at 536-8800 for more information about this course and to learn about prerequisites.

DATE: May 8-24

LOCATION: Yukon College, Watson Lake Campus

**Contact: Lois at LFN Education at 536-5200 or email: [educationmanager@liardfirstnation.ca](mailto:educationmanager@liardfirstnation.ca).**

#### CHILD & FAMILY SERVICES INDEPENDENT REVIEW LUNCHEON & MEETING

The Child & Family Services Independent Review Committee will be in Watson Lake to hear directly from people who spent time in the foster care system and those with knowledge and experience with the foster care system.

Information collected will be used to make recommendations to the Minister on changes that are needed to improve outcomes for children, families and communities. All information will be treated with the utmost confidentiality.

DATE: Thu., May 9

TIME: noon-3pm

LOCATION: 2-Mile Hall

**Contact Mellissa Charlie, Family Support Worker at 536-7921.**

#### HARM REDUCTION WORKSHOP

Blood Ties Four Directions is coming to Watson Lake to offer a workshop that explores First Nations' approaches to promoting safe behaviours while increasing awareness in the community. Meeting participants where they are at, the goal is to empower people to make safer choices.

DATE: May 14 – 15

TIME: 10-4pm

LOCATION: 2-Mile Hall

**For more information or to book a ride, call 536-5200.**

#### HEALTHY FOODS LFN COMMUNITY COOKING CLASS

A cooking class for all LFN community members. Come and enjoy a fun time and learn about nutrition and healthy cooking techniques. Following the class, participants will take home a healthy food basket.

DATE: Wed., May 22

TIME: 10-1pm

LOCATION: 2-Mile Hall

**For more information or to book a ride, call 536-5200.**



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### FIRST AID COURSE

This will be the last First Aid course offering by Yukon College's Watson Lake Campus until fall.

DATE: Thu., May 9 & Fri., May 10

*To register, contact Lois at LFN Education at 536-5200.*

### KASKA PARENTING SKILLS WORKSHOP

DATE: Wed., May 29

TIME: 1-3pm

LOCATION: Upper Liard Drop-in Centre

*For more information or to book a ride, call 536-5200.*

### COOKING CLASS FOR EXPECTING & NEW MOTHERS

Expecting mothers and those with children in their first year are invited to get together to enjoy a fun time learning how to cook healthy family meals! Participants will take home a healthy food basket after the class.

DATE: Thu., May 30

TIME: 10-1pm

LOCATION: Watson Lake Family Centre

*For more information or to book a ride, call 536-5200.*

### LFN COMMUNITY GRADUATION CELEBRATION

Community members are invited to join us as we celebrate our Grade 7 moving forward into secondary school and the graduation of our Grade 12 students. Join us as we honour our students' accomplishments and enjoy a community dinner together.

DATE: Fri., May 31

TIME: 5pm

LOCATION: Watson Lake Recreation Centre

*For more information, contact Lois at 536-5200.*

### BOOKKEEPING COURSE

Are you interested in learning bookkeeping? LFN is gathering names of those interested in this course.

DATE: starting in May; exact dates TBA

TIME: 8:30-9:30am

LOCATION: TBA

*Add your name to the list by calling Lois at 536-5200.*

## Messages & Reminders

### TRANSITION WORKER - WATSON LAKE DATES

Jim Pope, the Yukon College transition worker, will be in Watson Lake to support clients in the Justice system who want to further their education or enter a career field.

DATE: May 6-17 & May 27-31

*Contact Jim by calling 867-333-9491 or reach him by email: [jpope@yukoncollege.yk.ca](mailto:jpope@yukoncollege.yk.ca)*

### REMINDER – MEDICAL TRAVEL

LFN community members traveling for medical reasons are reminded that they must provide at least one week's notice to the LFN Health Department.

### COMING SOON...LFN RECYCLING PICK-UP SERVICE

LFN is preparing to launch a weekly recycling pick up service for members residing in LFN subdivisions. LFN members can prepare by practicing diverting recyclable items from the trash.

*Recyclable materials include:*

- Tin cans that are rinsed clean
- Household plastics including hard plastics (yogurt, sour cream or margarine containers) and soft plastics (clean, used plastic wrap, grocery & produce bags).
- Corrugated cardboard
- Box board (cereal & cracker boxes with liner bags removed)
- Brown paper bags
- Waxed cardboard cone top containers (milk cartons) and tetra packs (juice boxes & containers, prepared soup/broth)
- All types of papers including shredded paper
- Styrofoam - any size shape or colour

### COMING SOON...SOCIAL ASSISTANCE PROGRAM INFORMATION SESSIONS

LFN will be hosting a series of information sessions to provide information regarding social assistance requirements that influence how we provide the program. LFN operates the social assistance program on behalf of the federal government and must adhere to its rules and procedures.

### CALLING FOR LFN MEMBER ADDRESSES

We need your help to gather addresses for all LFN members. Updated contact information helps to ensure that all members are provided with information updates and have opportunities to be informed of and provide input to us on issues that are impacting our nation. Can you help by providing your mailing address info and that of your family members living outside of Watson Lake?

*Names and addresses can be emailed to: [membership@liardfirstnation.ca](mailto:membership@liardfirstnation.ca) or call LFN's Executive Office at 536-7901.*

### DO YOU PREFER A CALENDAR OF EVENTS?

We have one on our website at: [www.liardfirstnation.ca/calendar-event](http://www.liardfirstnation.ca/calendar-event). Our receptionist can print one out for you.

### WEBSITE INFORMATION CAN BE PRINTED FOR YOU

Information from any of the websites listed in LFN notices can be printed for you. Our receptionist at the LFN Band Administration office can assist you with this.

### RIDES AVAILABLE FOR ALL LFN MEETINGS AND EVENTS

Call 536-5200 to reserve at least a day in advance, if possible.